

Family First Newsletter

4700 Pt. Fosdick Drive NW, STE 312 Gig Harbor, WA 98335

253-853-2033 / website: familyfirstafh.com



Family First Fighting Angels Team!!



Fall 2010

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Family First wants to thank all who contributed to the Memory Walk! The Memory Walk was a tremendous success! Throughout Western and Central Washington state, more than 4,000 participants helped raise **\$497,000** for the Alzheimer's Association!

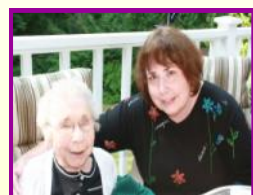


WHAT'S NEW!!

Family First is now in Suite #312!!
Please stop by and visit our new office.



Family First Summer BBQ's



Family First would like to thank everyone for joining us this summer!

Happy Birthday!

- Olga E.—7/3**
- Geraldine R.-7/3**
- Albina I.—7/18**
- Virginia K.-7/31**
- Ruth D. -8/26**
- Helen R.-9/10**
- Agnes J.-9/27**
- Anita B.- 10/3**
- Max D.-10/15**



11-10-Niki S



10/16-Emily T.



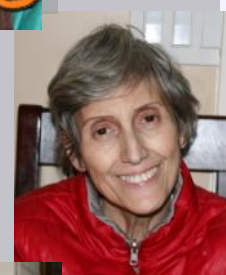
10-16-Caryl L.

Welcome New Residents!!

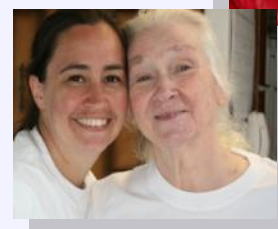
- Kathryn M.**
- Rose T.**
- Ruth H.**
- Ruth D.**
- Betty A.**
- Emily T.**
- Ruby N.**
- Niki S.**
- Clifford K.**



Ellen



Anita



Kathryn P.

Employee Corner:



Congratulations Mary Jayne's!!

We are very pleased to announce Mary Jayne's promotion to operations manager. M.J. has worked at Family First for 6 years. She started as a caregiver and quickly moved into management at the Crescent Valley home. M. J. then began and continues to manage our Artondale location. The past 3 years M.J. has taken on the quality assurance position. M. J. is well received by others, very detail oriented and a great multitasker. She truly has the heart of a caregiver and puts our residents above all. M.J. is an integral part of our company, taking on the day to day tasks that keep Family First running smoothly. **GO M.J!!**

Welcome Sharron to Family First!

Family First is delighted to introduce Sharron Hayfield as our new resident manager at our Olalla location. Sharron has worked as a C.N.A. for 20 years. She began her calling taking care of her grandmother when she was 17. Sharron worked for the school district caring for children with high medical needs, at assisted living facilities and with Providence hospice. Sharron is a very proud dedicated mom to her 7 year old autistic son Cody. In her spare time Sharron enjoys swimming with Cody and watching him play soccer and basketball. **-Welcome Sharron**



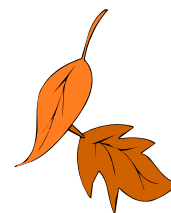
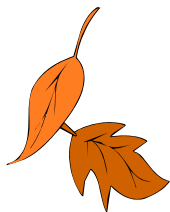
*With a heavy heart Family First is
announcing that Mary Mason is leaving....*

Mary was involved in all aspects of our company with great dedication and hard work. Starting as a caregiver she worked her way up to Director of Operations. Mary's 9 years of leadership, attention to detail and huge heart touched all of us. She will be greatly missed. Good news however Mary is starting a career as a project manager right here in

Gig Harbor.

~Good Luck Mary!

~From all of us at Family First





Letter's from Family....



Dear Chris and Julie,

People say that having dementia is a sad disease that robs people of the mind, memories, and a normal life. What I found to be even harder than realizing my Mom had this disease, is that she could no longer live alone and take care of herself. I started with people coming in the home to take care of Mom, but I was not happy with the care she was getting. Then we found you and Family First. I hope you know that we will be forever grateful for Mom living in one of your Adult Family Homes. You both really care how the elderly are treated and taken care of. You get the best caregivers and staff and have high standards for them to follow. After my initial concern if we were making the right move, we have never felt better about Mom being in the best place for her. Even when Mom was diagnosed with end stage cancer, your home and hospice worked together, as a team, to do whatever needed to be done. Mom never had to leave the home, she was so happy in.

Thank you Chris and Julie for everything for your home for your care, for your support.

~Maureen and Ralph



I would like to express.....

my deepest sympathies to you and the staff with the passing of my brother, Scott Craig. You might think this statement is a bit odd but it really expresses my thinking about your organization, Family First. Let me explain. Chris and Julie you were and are the surrogate parents for the family you have created at Family First. I can not count the number of times I would visit Scott and would notice something had changed for the positive; i.e. his beard was neatly trimmed; he was wearing his clothes more thoughtfully; his grooming was better; the list goes on and on. After complimenting him, I would ask him what motivated him to make the change and he would always explain that one of you had set the expectation for him. He respected both of you. You established the strong familial environment Scott never experienced prior to this time. You are the embodiment of your company's name, and you are the parents who provide safety, a comfortable home and establish the values of the family. That is parenting and that is Family First! I have to be so thankful for Tammy and the staff of the Olalla house, the day-to-day caregivers! Jay and I want to thank you for being there for Scott and my family for so many years. We are blessed to have an organization like Family First in our community.



Most sincerely and respectfully,



~Vikki and Jay Miller



Family First would like to congratulate our employee Tina Romo.

Furthering my education is the most valuable asset for my two children and myself. For two and a half years, I've been attending Tacoma Community College (as a full time student) while working full time as a CNA (in a facility). This schedule has not been effortless, nor has it been pleasant for my children. There has not been any proficient quality time spent with my children or any time for myself.

Last September, I was fortunate to be hired by Family First. The past ten months has had a different tone than what I was used to. I was able to manage work, school, and home clearly. I even raised my GPA and was accepted into the Respiratory Therapy program.

Family First has helped with achieving my current successes. My employer has been professional, flexible and very supportive. I uncovered the fact that Family First is not just the name of my employer, but it is how they operate the company. My mother became very ill and I needed to have time with her. My employer granted time off that was needed followed by being able to return with the same schedule. The same process was followed when a change in class schedule came about. My employer is extremely adequate with accommodating my class schedule.

Now that it is summer, I am able to spend eventful time with my children and prep for fall quarter. Family First has been gracious in sponsoring my book fund. This way I can get the books early, become familiar with the subjects, and get ahead.

My children and I are very thankful to Family First.. I would highly recommend any hard working student to work for our company family.

~**Tina Romo**



In Loving Memory:

-Bella G.

-Dorothy D.

-Glenrae H.

-Scott C.

-Virginia W.

-Ruby P.



FAMILY FIRST
4700 Pt. Fosdick Drive NW, #312
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Website: familyfirstafh.com

Family First is now taking insulin dependent residents



We encourage everyone to get their Flu Shots this year. As much as we love visitors, please avoid visiting your loved one if you are ill. -Thank you.



Family First Adult Family Homes

59TH STREET HOME

4001 59th St. Ct. NW, Gig Harbor

ROSEDALE HOME

8219 Dogwood Ln. NW, Gig Harbor

ARTONDALE HOME

5305 81st Ave NW, Gig Harbor

CRESCENT VALLEY HOME

2904 138 St. NW Gig Harbor

OLALLA HOME

4553 SE Burley Olalla Rd., Olalla

For additional information or tours of our homes,
please call Julie Thomson at (253)853-2033